

Trinity Tempo

August 2017

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How's your prayer life?

Since January of this year we have been encouraging each other to go to the Lord with that which is in us. Prayer & fasting is a necessary part of our walk with God. I read a devotion today out of *Prayer Changes Things: with 10 Reflections* from Our Daily Bread. It hit so close to home that I want to share it with you.

I woke up one morning and discovered that my Internet connection was not working. My service provider conducted some tests and concluded that my modem needed to be replaced, but the earliest they could do so was the next day. I panicked a little when I thought about being without the Internet connection for 24 hours! I thought, *How am I going to survive without it?*

Then I asked, *Would I also panic if my connection with God was disrupted for a day?* We keep our connection with God alive by spending time in God's Word and in prayer. Then we are to be "doers of the Word" (James 1:22-24 nkjv).

The writer of Psalm 119 recognized the importance of a connection to God. He asked God to teach him God's decrees and give him understanding of God's law (vv. 33-34). Then he prayed that he would observe it with his whole heart (v. 34), walk in the path of God's commandments (v. 35), and turn away his eyes from looking at worthless things (v. 37). By meditating on God's Word and then applying it, the psalmist stayed "connected" to God.

God has given us God's Word as a lamp to our feet and a light to our path to lead us to God. C. P. Hia **Roots of stability come from being grounded in God's Word and prayer.**

I hope we are all working diligently to stay connected with our Lord this year and always.

PTL,
Pastor Justin

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We Pray for...

(by Justin Judy)

Sierra Leone is a country that has come a long way since 1991. That is the year that a military coup started a civil war that lasted more than a decade. After the war was declared over in 2002 public elections helped to give the country an identity again that wasn't based on war but on recovery.

After another decade of rebuilding, the country was hit by the Ebola outbreak that lasted two years and killed more than 11,000 people in the region. In 2016 Sierra Leone was declared Ebola free.

There are many challenges that remain in the country. Seventy percent of the population is below the poverty line and there is only a 48% literacy rate. Catholic Bishops in the area have asked for the people's help in addressing the challenges of poverty, illiteracy, food insecurity and corruption.

The United Methodist Church also has a presence in this 78% Islam and 21% Christian population. Here is a write up from the umcmmission.org website.

The United Methodist Church in Sierra Leone operates over 300 elementary and secondary schools, four hospitals including an eye hospital, and seven other maternity and health centers. This work in the medical field is coordinated by the Global Ministries Missionary in Sierra Leone.

There are three ongoing agricultural and community development projects in operation. Church-supported ministries and service organizations include the Child



Sierra Leone village woman

Rescue Centre, which caters for the holistic development of over 200 war-affected and other vulnerable children, and three women's training centers—Betty Carew in Yoniabana, Kono Musu in Koidu Town and Urban Center in Freetown.

One major vision is the establishment of a United Methodist University. With grants from Global Ministries, UMCOR and General Conference, two of the university's proposed schools—a school of theology and a school of nursing—are already being built.

Originating in the mission traditions of the United Brethren in Christ Church in 1885, the Sierra Leone United Methodist Church became an autonomous church in 1973 and then an Annual Conference with the West Africa Central Conference in 1984.

Finda Quiwa is the only listed UMC missionary in her home country of Sierra Leone. She serves as a global justice volunteer and in the Africa Pilot Program.

If you would like to know more about her and support her mission, go to: <http://www.umcmmission.org/Explore-Our-Work/Missionaries-in-Service/Missionary-Profiles/Quiwa-Finda>.

Please pray for Sierra Leone this month as they work toward greater stability, education and job security.

References:

<http://www.umcmmission.org/Explore-Our-Work/Africa/Sierra-Leone>

<http://www.bbc.com/news/world-africa-14094194>

<https://www.cia.gov/library/publications/the-world-factbook/geos/sl.html>

<http://www.catholicregister.org/home/international/item/25735-sierra-leone-bishops-say-citizen-action-for-peace-key-to-2018-elections>

https://en.wikipedia.org/wiki/Sierra_Leone



Church Picnic

(by Jane Pogue)

We all have things going on during the summer, and many are already thinking of going back to school. So why not have one more evening of fun and relaxation before the fall grind begins!

The annual picnic is at my home on Friday, August 11 at 6 p.m. And everyone knows when Methodists get together the food is fantastic! We have bocce and Lawn Yahtzee this year which doesn't take a whole lot of athletic ability! We still have our bonfire with s'mores, couples corn toss game, adult and kid trivia games, and many comfortable chairs for those whose expertise is observing! And kids, bring your suits for the hot tub!

We don't get enough opportunities to hang out with church friends, so make a point of joining us this year. Oh yes, and there are prizes for our "first time" friends! You don't want to miss that!

Please sign up for the picnic in the vestibule. Don't worry about what you will bring to eat—there is always a wonderful assortment. Take care, and see you there!

If you need directions, just call me at 724.864.2858.

Blessing of the Backpacks

It's that time again! On Sunday, August 20, 2017 Pastor Judy will be blessing all the backpacks of our students, young and old, during our 11 a.m. worship service. So all you students, make sure you bring your backpacks to church and start your new school year with God's blessing!



Joys and Concerns

Please keep Trinity family, friends and neighbors in your prayers.

Pray for

JoAnn Booher
Renee Cappetta
Beecher and Kay Dale
Evelyn Felmlee
Beverly Frank (friend of Beverly Piper)
David and Carol Grubb
Joan Hartley
Jan Keefer
Margie Little
Matthew Lovre (at West Point)
Paul Madaras (Mary Ann Casper's brother)
Kay Meadowcroft
Blanch Seiple (Peggy Whitfield's aunt)
Ken Simmons (Vicki Stokes' brother)
Jay and Vicki Stokes
Peggy Whitfield

Care Corps

We have had several members of our congregation who have had some major physical changes in their lives. We care for these people and we need to remind them that they are in our thoughts and prayers. Please give them a call, visit or send a card. We are a very caring church and we need to reach out and show how much we care. Below are the names and addresses of our friends.

JoAnn Booher
406 Fairmont Ave
Trafford PA 15085
412.719.1814

Evelyn Felmlee
100 Newell Ln
Trafford PA 15085
412.372.6699

Joan Hartley
516 Gilmore Ave
Trafford PA 15085
412.372.8483

Margie Little
127 Saunders Station Rd
Trafford PA 15085
412.372.3568

Judy Mason
Independence Ct, Rm 210
279 Center Rd
Monroeville PA 15146
412.374.0810

Kay Meadowcroft
Concordia of Monroeville
Rm 229
4363 Northern Pike
Monroeville PA 15146
412.380.9474
Peggy Whitfield
UPMC East, Rm 4004
2775 Mossie Blvd
Monroeville PA 15146
412.357.3374

Also take a moment and give thanks for friends and family who celebrate birthdays and anniversaries this month.

August Birthdays

4th Larry Mallik
5th Jennifer McCune,
Julie Sippel-Silowash
8th Jace Beam
10th Angel Spell
12th Ernie Keefer, Lynn Antoon,
Rob Hainsey
14th Carol Piper
15th Amy McLaughlin, Bill Vowler
16th Cindy Graw, Renee Kociela
19th Bill Fenton
21st April Beam, Joanne Ondulich
22nd Beverly Piper
24th Dan Musser
26th Mike Kitchen
28th John Musser, Rebecca Hughes
31st Alvin Lafferty

August Anniversaries

6th Caleb and Corrie Baker
12th Bob and Mary Ann Casper,
Brian and Christy Witmer
13th Tom and Carmen Owens
15th Bill and Joan Vowler
22nd Larry and Becky Mallik



August Calendar and Schedules

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
		1	2 7:15 p.m. Women's Bible Study	3	4	5
6 9:45 a.m. Sunday School 11 a.m. Worship/Communion 12:30 p.m. Summer Learning Moment	7	8	9 7:15 p.m. Women's Bible Study	10	11 6 p.m. Church Picnic	12
13 9:45 a.m. Sunday School 11 a.m. Worship/Healing Service Scip Order Day Rural Life Sunday	14	15 6:30 p.m. Trustees 7:30 p.m. Ad-Council	16 7:15 p.m. Women's Bible Study	17	18 5 p.m. Men's Woodwork Grp	19
20 9:45 a.m. Sunday School 11 a.m. Worship/Blessing of the Backpacks 12:30 p.m. Summer Learning Moment Tempo Deadline	21	22	23 7:15 p.m. Women's Bible Study	24	25 26 Planning Retreat	
27 9:45 a.m. Sunday School 11 a.m. Worship Scip Order Day	28	29	30 7:15 p.m. Women's Bible Study	31 7:15 p.m. Choir		

Greeters

- 6th Les and Donna Race
- 13th Jane Pogue
- 20th Beverly Beam and April Beam
- 27th John and Jeanne Ruccio

Liturgists

- 6th Nick Mallik
- 13th Jane Pogue
- 20th Bob Lovre
- 27th Roger VanRyn

Nursery

- 6th Jane Pogue and Donna Race
- 13th Dana Venturo and Noell Stultz
- 20th Eileen Bentley and Sandy Chiappetta
- 27th Ashley Kitchen and Cindy Graw

Altar Flowers

- 6th Bill and Love Ruffner
- 13th Lori Dorko and Lisa Peters
- 20th Yocum family
- 27th Mallik family

Trinity United Methodist Church
407 Duquesne Avenue
Trafford PA 15085

Return service requested

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Trinity United Methodist Church
Sunday School: 9:45 a.m.
Sunday Worship Service: 11 a.m.
Healing Service: second Sunday
of the month following the
worship service

Tempo Deadline

Articles for the
September issue
are due Sunday,
August 20, 2017.



School Kits

Children will be heading back to school this month, and now is a great time to pick up some basic items for UMCOR school kits. We will collect items through August. **Each School Kit contains:**

- 1 pair blunt (rounded tip) scissors
- 3 pads of paper – may be spiral or top-bound pads; 150 sheets or less of loose-leaf paper can be substituted for 1 pad
- 1 hand-held pencil sharpener at least 1-inch long
- 1 30-centimeter ruler – hard or flexible
- 6 unsharpened pencils
- 1 2-inch or larger eraser
- 1 24-count box of crayons

Remember that cartoon characters on items are okay, but advertisements and/or religious, patriotic, military and camouflage symbols are not.